

## Why Your Toddler Needs A Baby Head Pillow

A young growing child from the age of one to three years is full of exploratory zeal. During this period popularly known as Toddler hood, the hyperactivity exhausts kids by the end of the day. Some toddlers take an afternoon nap; others do not. Nevertheless, all toddlers require a good nights rest and a sound sleep is vital to maintaining good health. Therefore, comfortable night clothing, pleasant surroundings, suitable bedding and importantly, a good baby head pillow are a must. It is important that the pillow is of a good quality and not too soft. A pillow too soft can even lead to smothering. Toddlers usually alter their sleeping posture frequently during the night. Some even sleep on their stomachs. A bad quality pillow can even cause neck injuries. It is evident that a baby head pillow is not any other normal pillow. It is a specially designed pillow for babies which caters for all eventualities and are specifically risk free. Design and quality costs money, so baby head pillows are slightly more expensive than normal pillows but are worth the extra costs because of the safety they provide. Feather pillows are to be strictly avoided as they are known to cause allergies among children.

Baby head pillows are important because they keep the babys head in a slightly elevated position thus ensuring that the air passage remains unobstructed and the baby can breathe easily. A slightly elevated position of the head also reduces the chances of regurgitating bedtime feed. Baby head pillows also give support to the soft cranial bones of the toddler and prevent skull deformities. Baby head pillows come in different sizes and qualities. Memory foam pillows are exceptionally good as they have the ability to mold according to the toddlers skull shape. The memory foam pillows are made up of Visco Elastic cushioning materials which are designed to prevent Flat Head Syndrome by ensuring evenly distributed pressure around babys delicate head. Depending on the age of your toddler, the size of the pillow varies, so always check the labels for the optimum size. Specialized baby product shops, online baby product businesses and supermarkets have a variety of baby head pillows for sale. Side support pillows as complimentary to the head pillows are also available for keeping the baby snuggled in an on the back position. The use of side supports is however, optional especially if your baby prefers to turn posture while asleep. The basic requirement of a sound sleep is certainly a good quality baby head pillow. So, go rock a bye baby! More related information [Infant pillow](#) [Great Infant pillow](#) [Baby pillow](#) [Baby pillow](#)

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